

ZC Zennevallei 26: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MEN 11+							Heat:1, starttime: 08:30	
Heat: 1/11 Lane : 4 Athlete: JADDI MOHAMED YASSIN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:2, starttime: 08:35	
Heat: 2/11 Lane : 3 Athlete: MATHELOT AMAURY							Q-time: 03:15:71	
PB (25m pool): 03:15.71 Tremelo 18/01/2026			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.30		no time		no time		03:15.71
	00:43.30							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:2, starttime: 08:35	
Heat: 2/11 Lane : 6 Athlete: DESMEDT TIMO							Q-time: 03:27:58	
PB (25m pool): 03:27.58 Tremelo 18/01/2026			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.94		no time		no time		03:27.58
	00:51.94							
								

Coach feedback:

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Event number: 1: 200M MEDLEY MEN 11+							Heat:3, starttime: 08:40	
Heat: 3/11 Lane : 1 Athlete: BOONE TORRE							Q-time: 03:11:17	
PB (25m pool): 03:11.17 Dilbeek 10/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.58		no time		no time		03:11.17
	00:44.58							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:6, starttime: 08:50	
Heat: 6/11 Lane : 2 Athlete: VAN DEN BERGHE VINCE							Q-time: 02:48:30	
PB (25m pool): 02:48.30 Zaventem 08/02/2026				PB (50m pool): 02:50.86SB: 02:51.56 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.95		no time		no time		02:48.30
	00:37.95							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:6, starttime: 08:50	
Heat: 6/11 Lane : 4 Athlete: VANTHUYNE WOUT							Q-time: 02:47:67	
PB (25m pool): 02:47.67 Dilbeek 27/09/2026				PB (50m pool): no time SB: 02:47.67 Dilbeek 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.42		no time		no time		02:47.67
	00:35.42							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:6, starttime: 08:50	
Heat: 6/11 Lane : 6 Athlete: WAGEMANS DAAN							Q-time: 02:49:01	
PB (25m pool): 02:46.79 Leuven 04/10/2026				PB (50m pool): 02:50.90SB: 02:46.79 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.51		01:21.17		02:12.68		02:46.79
	00:36.51		00:44.66		00:51.51		00:34.11	
								

Coach feedback:

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Event number: 1: 200M MEDLEY MEN 11+							Heat:8, starttime: 08:55	
Heat: 8/11 Lane : 5 Athlete: HERMANS VIKTOR							Q-time: 02:39:04	
PB (25m pool): 02:39.04 Dilbeek 10/05/2026				PB (50m pool): 02:48.81SB: 02:46.41 Dilbeek 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.31		no time		no time		02:39.04
	00:35.31							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 09:25	
Heat: 3/8 Lane : 2 Athlete: PINTE ELLA							Q-time: 03:03:98	
PB (25m pool): 03:03.98 Zwembad De Motte 14/07/2026				PB (50m pool): 03:39.24SB: 03:09.38 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.31		no time		no time		03:03.98
	00:40.31							
								

Coach feedback:

Event number: 5: 50M BREASTSTROKE MEN 11+							Heat:4, starttime: 09:55		
Heat: 4/5 Lane : 2 Athlete: HERMAN WOUT							Q-time: 00:40:70		
PB (25m pool): 00:40.32 Leuven 04/10/2026				PB (50m pool): 00:40.66 SB: 00:40.32 Leuven 04/10/2026					
	2 5 M		5 0 M						
PB			00:40.32						
			00:40.32						
									

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+										Heat:5, starttime: 10:20	
Heat: 5/6 Lane : 5 Athlete: NECULAE MARIA IULIA										Q-time: 00:43:09	
PB (25m pool): 00:43.09 Sint-Pieters-Leeuw 01/03/2026										PB (50m pool): 00:47.15SB: 00:43.95 Zwembad De Wauwer 13/09/2026	
	2 5 M		5 0 M								
PB			00:43.09								
			00:43.09								
											

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:3, starttime: 10:40
Heat: 3/14 Lane : 2 Athlete: JADDI MOHAMED YASSIN					Q-time: 01:28:72
PB (25m pool): 01:28.72 Dilbeek 27/09/2026					PB (50m pool): no time SB: 01:28.72 Dilbeek 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.62		01:28.72	
	00:42.62		00:46.10		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:4, starttime: 10:40
Heat: 4/14 Lane : 3 Athlete: DESMEDT TIMO					Q-time: 01:17:64
PB (25m pool): 01:17.64 Tremelo 24/05/2026					PB (50m pool): 01:17.63 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.28		01:17.64	
	00:37.28		00:40.36		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:5, starttime: 10:45
Heat: 5/14 Lane : 1 Athlete: MATHELOT AMAURY					Q-time: 01:15:56
PB (25m pool): 01:15.56 Zaventem 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.56		01:15.56	
	00:35.56		00:40.00		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:5, starttime: 10:45
Heat: 5/14 Lane : 6 Athlete: BOONE TORRE					Q-time: 01:16:03
PB (25m pool): 01:16.03 Tremelo 24/05/2026					PB (50m pool): 01:15.05 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.48		01:16.03	
	00:36.48		00:39.55		
					

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Event number: 8: 100M FREESTYLE MEN 11+					Heat:6, starttime: 10:45
Heat: 6/14 Lane : 2 Athlete: VAN DEN BERGHE VINCE					Q-time: 01:10:89
PB (25m pool): 01:10.89 LEUVEN 22/02/2026					PB (50m pool): 01:12.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.82		01:10.89	
	00:33.82		00:37.07		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:6, starttime: 10:45
Heat: 6/14 Lane : 6 Athlete: HERMAN WOUT					Q-time: 01:11:95
PB (25m pool): 01:11.95 Dilbeek 27/09/2026					PB (50m pool): 01:14.79 SB: 01:11.95 Dilbeek 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.19		01:11.95	
	00:34.19		00:37.76		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:7, starttime: 10:45
Heat: 7/14 Lane : 4 Athlete: VANTHUYNE WOUT					Q-time: 01:08:61
PB (25m pool): 01:08.61 Dilbeek 27/09/2026					PB (50m pool): 01:18.96 SB: 01:08.61 Dilbeek 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.44		01:08.61	
	00:32.44		00:36.17		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:9, starttime: 10:50
Heat: 9/14 Lane : 1 Athlete: WAGEMANS DAAN					Q-time: 01:05:28
PB (25m pool): 01:05.28 Zwembad De Motte 14/07/2026					PB (50m pool): 01:06.53 SB: 01:05.31 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.49		01:05.28	
	00:31.49		00:33.79		
					

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:11, starttime: 10:55
Heat: 11/14 Lane : 6 Athlete: HERMANS VIKTOR					Q-time: 01:02:81
PB (25m pool): 01:02.81 Zwembad De Motte 14/07/2026 PB (50m pool): 01:03.79 SB: 01:06.38 Dilbeek 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.13		01:02.81	
	00:30.13		00:32.68		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 11:05
Heat: 4/10 Lane : 1 Athlete: PINTE ELLA					Q-time: 01:15:92
PB (25m pool): 01:15.92 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:17.21 SB: 01:18.72 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.78		01:15.92	
	00:36.78		00:39.14		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 11:10
Heat: 6/10 Lane : 3 Athlete: NECULAE MARIA IULIA					Q-time: 01:08:77
PB (25m pool): 01:08.77 Dilbeek 27/09/2026 PB (50m pool): 01:11.57 SB: 01:08.77 Dilbeek 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.82		01:08.77	
	00:32.82		00:35.95		
					

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 11:35	
Heat: 2/3 Lane : 1 Athlete: TEAM ALZV 2							Q-time: 02:15:12	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

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Event number: 11: 4x50M FREESTYLE MEN 11+							Heat:3, starttime: 11:35	
Heat: 3/3 Lane : 6 Athlete: TEAM ALZV 1							Q-time: 02:00:42	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: